



Main objectives

Stage 1: Network mapping and network types

- To provide a visual image of the user's network of support - a new way of thinking about support and a powerful way of engaging with the user
- To explore the everyday relationships that are important to the user in relation to support and to help them reflect on how different network members contribute to support, both positively and negatively
- To create a starting point for discussion depending on what type of network the user has, e.g. how to extend existing support, how to access support from new sources or how to change existing practice
- To offer a useful way of recording and monitoring change over time, by repeating the mapping exercise at different time points

Stage 2: Preference questions, buddying with network members and narrowing choices

- To tailor choices based on preference and enjoyment
- To identify the most relevant type of support
- To select network members as potential buddies to accompany user to new activities
- To reduce complexities arising from information overload

Stage 3: Facilitating the use of resources and links to local activities

- To identify local activities in which the user has indicated an interest
- To present a visual location on Google map
- To produce details of chosen activities (video clip, where, when and who to contact)
- To discuss logistics of attending a new activity (making contact, accompanying network member, transport)